

Soul Inspired Design Coaching.....\$1,200 monthly investment (3 months)

This Soul Inspired Design Session is a 3 month intense hands-on decorating journey—each week for 1 hour, we will follow a step-by-step process that will help you become clear on what your design style is. This service includes 1 home Discovery visit, during which we will do a thorough walk-through to address all the areas of your home that require design attention. We create a personalized design plan for 3 rooms in your home during this 3 month journey together. We start to understand your unique style and begin creating a home that supports your lifestyle choices and represents your true authentic self. Throughout the 3 months we start to uncover blockages that are draining you and your families energy. We begin to implement systems that allow you to create vision for your home...and life. You will find new ways to embrace your core desires, surrounding yourself with beauty and a space that truly reflects you- a space that is aligned with your vision, a space that embodies your values, a space that feeds your energy.

Areas We Will Cover During The Three Months-

A Lifestyle Quiz (discover your design style and needs), Understanding the use of color, the importance of lighting, etc.

Create design plan with furniture placement options. You will learn how to create vision boards.

Mindfulness and internal influencers, core values, how to simplify your space, What's Your Story?- to name a few.

***You will also have access to our designer discount with many local and National suppliers* when you order through us.

This 3-Month Coaching Program is perfect for you if:

- You're in the midst of a life transition and wondering how your home can stop holding you back — and start supporting you.
- You're committed to personal growth and frustrated that nothing you do seems to “stick.”
- You're acutely aware of how your space is draining you and making you feel embarrassed, depressed, chaotic, confused, and lonely.
- You know you have a lot of work to do, and the thought of tackling this challenge feels as overwhelming as climbing Pikes Peak **Your soul inspired journey**

includes:

Everything in the Discovery Session plus 3 additional months of coaching.

- **An extensive intake questionnaire, completed in advance.** You'll begin your own conversation about your space — and I'll know exactly where to start to support you best.
- **Initial 60-minute conversation via telephone or Skype.** We'll journey together through your inner world and your interior design. It'll be gentle, nurturing, and illuminating.
- **Your personal illumination guide,** a brief wrap-up document summarizing my main highlights from our call, along with 1-2 specific, high-leverage action steps you can begin taking right away.
- **Five additional 1-hour coaching sessions** via telephone or Skype (for 6.5 hours total hours coaching). Get ongoing feedback guidance, and redirection as you relate to your space in new ways.
- **Private shared Pinterest board for our ongoing collaboration.** We'll both add pieces of inspiration, visioning, and more in a shared creative experience.

