

Soul Inspired Design Coaching.....\$1,200 monthly investment (3 months)

This Soul Inspired Design Session is a 3 month intense hands-on decorating journey — each week for 1 hour, we will follow a step-by-step process that will help you become clear on what your design style is. This service includes 1 home Discovery visit (up to 2 hours), during which we will do a thorough walk-through to address all the areas of your home that require design attention.

We create a personalized design plan for 3 rooms in your home during this 3 month journey together. We start to understand your unique style and begin creating a home that supports your lifestyle choices and represents your true authentic self.

Throughout the 3 months we start to uncover blockages that are draining you and your families energy. We begin to implement systems that allow you to create vision for your home...and life. You will find new ways to embrace your core desires, surrounding yourself with beauty and a space that truly reflects you- a space that is aligned with your vision, a space that embodies your values, a space that feeds your energy.



## Areas We Will Cover During The Three Months

1. A Lifestyle Quiz (discover your design style and needs), Understanding the use of color, the importance of lighting, etc.
2. Create design plan with furniture placement options. You will learn how to create vision boards. Mindfulness and internal influencers, core values, how to simplify your space
3. What's Your Story?- to name a few. \*\*\*You will also have access to our designer discount with many local and National suppliers\* when you order through us.

### ***This 3-Month Coaching Program is perfect for you if:***

- \* You're in the midst of a life transition and wondering how your home can stop holding you back — and start supporting you.
- \* You're committed to personal growth and frustrated that nothing you do seems to “stick.”
- \* You're acutely aware of how your space is draining you and making you feel embarrassed, depressed, chaotic, confused, and lonely.
- \* You know you have a lot of work to do, and the thought of tackling this challenge feels as overwhelming as climbing Pikes Peak



## **Your soul inspired journey includes:**

1. Everything in the Discovery Session plus 3 additional months of life coaching.
2. An extensive intake questionnaire, completed in advance. You'll begin your own conversation about your space — and I'll know exactly where to start to support you best.
3. Initial 40-minute conversation via telephone or Skype. We'll journey together through your inner world and your interior design. It'll be gentle, nurturing, and illuminating.
4. Your personal illumination guide, a brief wrap-up document summarizing my main highlights from our call, along with 1-2 specific, high-leverage action steps you can begin taking right away.
5. Five additional 40 minute coaching sessions via telephone or Skype.
6. Get ongoing feedback guidance, and redirection as you relate to your space in new ways. Private shared Pinterest board for our ongoing collaboration. We'll both add pieces of inspiration, visioning, and more in a shared creative experience.
7. A special personalized gift from me, perfect for your new space

***PER HOUR RATE - \$100/hr (for installing accessories, furniture placement and as needed basic only) IMPORTANT INFORMATION REGARDING PRICING: Design Time pricing is for standard sized rooms only and is subject to change. A 60% deposit is required for all design time packages and the remainder 40% is to be paid when the project is complete. Should your space and project be a little bit more unique (say you have a small dining area***



*that is attached to the living room), we will give you a more accurate quote when we see the space. For all furniture, art, accessories and custom designs purchased through Toscano Interiors, a 60% deposit is required prior to ordering and the remainder 40% will be due upon installation*

